





# Associate in Science in Health, Human Performance, and Physical Education (Tulsa Community College) to Bachelor of Science in Exercise and Sports Science, General Option (University of Tulsa)

Total Credit Hours at TCC (60) + Total Credit Hours at TU (60) = 120 Credit Hours

**Catalog Year: 2021-2022** 

Modalities Available (On-Campus, Online, Blended): On-Campus, Some Courses Available Online @ TCC

University Campus Location: University of Tulsa, 800 S Tucker Dr, Tulsa, OK 74104

**Note to Students:** Transfer Maps provide a semester by semester guide from TCC to a university program showing course equivalency. This university transfer map is based on a full-time academic load of 30 credit hours per year, but can be adjusted to fit a part-time schedule. To ensure maximum transferability of credits, please work with your TCC advisor and your transfer university to ensure you are taking the correct courses to transfer on-time and ontrack. Students are responsible for completing requirements in the official degree sheet for each major.

YEAR ONE - TULSA COMMUNITY COLLEGE						
Semester One		Semester Two				
TCC Course and TU Equivalent Course	Hrs.	TCC Course and TU Equivalent Course	Hrs.			
BIOL 1224 Introduction to Biology for Majors TU Equivalent: BIOL 1703/1701 Intro. to Molecular and Cellular Biology Lecture and Lab	4	CHEM 1315 General Chemistry I TU Equivalent: CHEM 1013/1011 (4 credits) General Chemistry I Lecture and Lab, GNED 1001 (1 credit)	5			
ENGL 1113 Composition I TU Equivalent: FREL 1003	3	ENGL 1213 Composition II TU Equivalent: ENGL 1033 Exposition & Argumentation	3			
MATH 1513 Precalculus I TU Equivalent: MATH 1143 Mathematical Functions	3	HHPE 2212 First Aid TU Equivalent: ATRG Elective	2			
POLS 1113 American Federal Government TU Equivalent: POL 2053 (Block II) Governing Ideas in America	3	HHPE 2653 Applied Anatomy and Kinesiology TU Equivalent: ATRG 2023 Human Anatomy & Kinesiology Lecture	3			
HHPE 2263 Principles in Health Education and Health Promotion  TU Equivalent: ATRG Elective	3	HIST 1483 <u>or</u> HIST 1493 U.S. History TU Equivalent: HIST 2503 (Block II) American Republic	3			
Semester Credit Hours at TCC:	16	Semester Credit Hours at TCC:	16			

YEAR TWO - TULSA COMMUNITY COLLEGE							
Semester Three		Semester Four					
TCC Course and TU Equivalent Course	Hrs.	TCC Course and TU Equivalent Course	Hrs.				
BIOL 1383 Nutrition TU Equivalent: ATRG 2563 Sports Nutrition	3	BIOL 2154 Human Physiology TU Equivalent: BIOL 2173/2171 Human Physiology and Lab/Block III	4				
ECON 2013 Principles of Macroeconomics TU Equivalent: ECON 2013 (Block II) Principles of Economics I: Macroeconomics	3	COMM 1113 Public Speaking TU Equivalent: SP 2113 (Block I) Public Speaking	3				
PSYC 1113 Intro. to Psychology TU Equivalent: PSYC 2253 Foundation of Psychology	3	HHPE 2603 Total Wellness TU Equivalent: ATRG 2603 Strategies for Healthy Living	3				
3 HRS Humanities (from <u>TU Block II list</u> ) <i>TU Equivalent: Block II Historical &amp; Social Interpretation</i>	3	MATH 2193 Elementary Statistics TU Equivalent: AHS 2013 Statistics for the Health Sciences	3				
		3 HRS Humanities (from <u>TU Block I list</u> ) <i>TU Equivalent: Block I</i>	3				
Semester Credit Hours at TCC:	12	Semester Credit Hours at TCC:	16				







YEAR THREE – UNIVERSITY OF TULSA						
Semester Five		Semester Six				
TU Course	Hrs.	TU Course	Hrs.			
FYE 1001 First Year Experience	1	ATRG 3023 Exercise Physiology	3			
ATRG 1013 Introduction to Kinesiology	3	ATRG 3121 Exercise Physiology Lab	1			
BIOL 2153 Human Anatomy	3	ATRG 3143 Lifespan Motor Development	3			
BIOL 2151 Human Anatomy Lab	1	General Elective	3			
ATRG Elective	3	ATRG Elective	3			
ATRG Elective	3	ATRG Elective	3			
Semester Credit Hours at TU:	14	Semester Credit Hours at TU:	16			

YEAR FOUR – UNIVERSITY OF TULSA							
Semester Seven		Semester Eight					
TU Course	Hrs.	TU Course	Hrs.				
ATRG 4713 Biomechanics	3	AHS 4043 Intro. to Applied Health Care	3				
		Research	3				
ATRG 4041 Biomechanics Lab	1	ATRG Elective	3				
ATRG 4113 Motor Control	3	ATRG Elective	3				
ATRG Elective	3	ATRG Elective	2				
ATRG Elective	3	ENGL 3003 Writing for the Profession	3				
ATRG Elective	3						
Semester Credit Hours at TU:	16	Semester Credit Hours at TU:	14				

#### **TU Tuition Costs:**

Full-time students pay a flat tuition rate each semester they are enrolled in 12 - 18 hours. Any semester where a student is enrolled in 11 hours or less is billed per semester hour. Any semesters with an approved overload above 18 hours has additional tuition costs on top of the flat tuition rate to cover the additional hours. Tuition costs and associated student fees are posted online at <u>Tuition & Costs - The University of Tulsa (utulsa.edu)</u>. The degree map above has been divided to maximize enrollment versus tuition cost each semester. Students that choose to enroll in fewer than 12 hours or more than 18 hours in any particular semester should be prepared for different tuition costs.

## **TU Program Information:**

 TU will waive ATRG 2021 Human Anatomy & Kinesiology Lab and increase ATRG electives by 1 hr. to go from 33 ATRG Electives to 34 ATRG Electives. The 2 hour ATRG Elective shown in Semester 8 can be fulfilled by completing two 1-hr ATRG electives within Semesters 5 – 8, or a 2-3 hour ATRG elective course.

# **TCC Milestones and Recommended Actions:**

- **Consider Summer Courses:** Summer courses at TCC can help accelerate your time to transfer, and help you stay on track. Talk to your advisor about planning summer courses.
- **During or After Year One at TCC:** Consider a campus tour of University of Tulsa and connect with a TU academic advisor, to ensure you are on track to transfer. Your TCC academic advisor can assist in planning these actions.
- **During Year Two at TCC:** After semester three coursework, apply for admission at University of Tulsa as a transfer student (<a href="https://admission.utulsa.edu/apply/transfer-applicants/">https://admission.utulsa.edu/apply/transfer-applicants/</a>).







- Final Semester at TCC: Congratulations you are about to earn your AS Health, Human Performance & Physical Education. Be sure to apply for graduation @ <a href="https://www.tulsacc.edu/student-resources/graduation">https://www.tulsacc.edu/student-resources/graduation</a>.
- **Transcripts:** Submit an official TCC transcript to TU (<u>www.tulsacc.edu/student-resources/student-records/requesting-and-submitting-transcripts</u>).
- Reverse Transfer: If you have not earned an Associate in Arts or an Associate in Science from TCC, and have completed 60 credit hours, with 15 of those hours completed at TCC, email <a href="mailto:reversetransfer@tulsacc.edu">reversetransfer@tulsacc.edu</a> to see if you qualify for a degree through the Reverse Transfer program.

## **Learn More About Programs in this Pathway:**

- TCC AS Health, Human Performance & Physical Education <a href="https://www.tulsacc.edu/programs-and-courses/academic-programs/health-human-performance-and-physical-education">https://www.tulsacc.edu/programs-and-courses/academic-programs/health-human-performance-and-physical-education</a>
- TU BS in Exercise Science <a href="https://healthsciences.utulsa.edu/kinesiology-rehabilitative-sciences/exsports-undergraduate-programs/">https://healthsciences.utulsa.edu/kinesiology-rehabilitative-sciences/exsports-undergraduate-programs/</a>

# **University Transfer Contact Information**

University Transfer Office
Tulsa Community College
www.tulsacc.edu/transfer
Contact: tcc2university@tulsacc.edu

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