



Associate in Science in Health, Human Performance and Physical Education (TCC) to Bachelor of Science in Health Education and Promotion (OSU) Exercise and Health Option

TULSA COMMUNITY COLLEGE (years 1 and 2) – 2019-20

Year One – Tulsa Community College					
Fall Semester			Spring Semester		
TCC Equivalent or Substitute	OSU Requirement	✓	TCC Equivalent or Substitute	OSU Requirement	✓
ENGL 1113 Composition I	ENGL 1113		ENGL 1213 Composition II	ENGL 1213	
BIOL 1224 Introduction to Biology for Majors	BIOL 1114		CHEM 1315 General Chemistry I	CHEM 1314	
MATH 1513 Precalculus I	MATH 1513		HIST 1483 – Am Hist 1492 – Civil War or HIST 1493 – Am Hist Civil War - now	HIST 1483 or HIST 1493	
POLS 1113 American Federal Government	POLS 1113		HHPE 2212 First Aid	OSU Elective	
			HHPE 2653 Applied Anatomy and Kinesiology	HHP 2654	
Semester Credit Hours at TCC: 13			Semester Credit Hours at TCC: 16		

Year Two – Tulsa Community College					
Fall Semester			Spring Semester		
TCC Equivalent or Substitute	OSU Requirement	✓	TCC Equivalent or Substitute	OSU Requirement	✓
BIOL 1383 Nutrition	NSCI 2114		BIOL 2154 Human Physiology	BIOL 3204	
ECON 2013 Principles of Macroeconomics	ECON 1113		COMM 1113 Public Speaking	SPCH 2713(S) Additional general education	
General Education Humanities 3 credit hours.	(H) Humanities		General Education Humanities (3 credit hours)	(H) Humanities	
HHPE 2263 Principles in Health Education and Health Promotion	HLTH 2213		HHPE 2603 Total Wellness	HLTH 2603	
PSYC 1113 Introduction to Psychology	PSYC 1113		MATH 2193 Elementary Statistics	STAT 2013	
Semester Credit Hours at TCC: 15			Semester Credit Hours at TCC: 16		

Before transferring to OSU, have the TCC Registrar send an official transcript to the OSU Admissions Office with any degrees earned noted on the transcript. If you have not completed the requirements for an associate degree, talk with your OSU Academic Advisor about Reverse Transfer options to use OSU coursework to complete your TCC associate degree.

OKLAHOMA STATE UNIVERSITY (years 3 and 4) – 2019-20

Year Three – Oklahoma State University			
Fall Semester		Spring Semester	
OSU Requirement	<input checked="" type="checkbox"/>	OSU Requirement	<input checked="" type="checkbox"/>
HHP 3114 Physiology of Exercise		HHP 3223 Motor Learning	
HLTH 3723 Principles of Epidemiology		HLTH 3913 Alcohol and Drug Education	
MGMT 3013 Fundamentals of Management		HLTH 3643 Health Behavior Theory	
MKTG 3213 Marketing		HLTH 3613 Community Health	
HHP 3663 Biomechanics		HHP 4773 Principles of Exercise Testing and Prescription	
		EDTC 4113^ or 3 credit senior level elective	
Semester Credit Hours at OSU: 16		Semester Credit Hours at OSU: 18	

Year Four – Oklahoma State University			
Fall Semester		Spring Semester	
OSU Requirement	<input checked="" type="checkbox"/>	OSU Requirement	<input checked="" type="checkbox"/>
HLTH 4902 Pre-Internship Seminar		HLTH 4990(12) Internship in Health Education and Promotion: Exercise and Health	
HLTH 4533 Psychosocial Issues in Health Education/ Promotion			
HLTH 4973 Program Design in Health Education and Promotion			
BCOM 3113 Written Communication			
3 credit senior level elective			
Semester Credit Hours at OSU: 14		Semester Credit Hours at OSU: 12	

^Courses are available on the Stillwater campus in the fall or online in the summer. See your OSU Advisor for course rotation.

