

Associate in Science in Health, Human Performance, and Physical Education at Tulsa Community College to Bachelor of Science in Health and Human Performance at Northeastern State University

62 Credit Hours at TCC + 62 Credit Hours at NSU = 124 Total Credit Hours Transfer

Map Catalog Year: 2023-2024

University Campus Locations: Available Online, Broken Arrow, and Tahlequah campuses

Online Option: This degree path can be completed fully online through TCC and NSU

Note to Students: Transfer maps provide a semester-by-semester guide to a university showing how TCC courses transfer to a specific bachelor's degree program. This transfer map is based on a full-time schedule and is just one example of how a student may successfully complete degree requirements for both programs. Students should work with a TCC advisor and the university to ensure they are on-time and on-track for transfer. Students are responsible for understanding the program/admission/transfer requirements for the university and for completing requirements in the official degree sheet for each major.

TULSA COMMUNITY COLLEGE – SEMESTER ONE		
TCC Course	NSU Course	Credit Hours
BIOL 1224 Intro to Biology for Majors	Elective	4
ENGL 1113 Composition I	ENGL 1113	3
HHPE 2662 Care & Prevention of Athletic Injuries	HED 4383	2
MATH 1513 Precalculus I	MATH 1513	3
POLS 1113 American Federal Government	POLS 1113	3
Semester Credit Hours at TCC:		15

TULSA COMMUNITY COLLEGE – SEMESTER TWO		
TCC Course	NSU Course	Credit Hours
CHEM 1315 General Chemistry I	CHEM 1123+1131	5
ENGL 1213 Composition II	ENGL 1213	3
HHPE 2212 First Aid	HED 2212	2
HHPE 2653 Applied Anatomy & Kinesiology	HED 2254	3
HIST 1483 or 1493 US History 1492 to Civil War or to Present	HIST 1483 or 1493	3
Semester Credit Hours at TCC:		16

TULSA COMMUNITY COLLEGE – SEMESTER THREE		
TCC Course	NSU Course	Credit Hours
BIOL 1383 Nutrition	NUTR 1653	3
ECON 2013 or 2023 Principles of Micro or Macroeconomics	ECON 2313 or 2213	3
HHPE 2263 Principles in Health Education and Health Promotion	HED 2202	3
PSYC 1113 Introduction to Psychology	PSYC 1113	3
General Education Humanities (3 hours)	Humanities	3
Semester Credit Hours at TCC:		15

TULSA COMMUNITY COLLEGE – SEMESTER FOUR		
TCC Course	NSU Course	Credit Hours
BIOL 2154 Human Physiology (L)	BIOL 3314	4
COMM 1113 Public Speaking	COMM 1113	3
HHPE 2603 Total Wellness	HED 1113	3
MATH 2193 Elementary Statistics	MATH 1313	3
General Education Humanities (3 hours)	Humanities	3
Semester Credit Hours at TCC:		16

Congratulations you have earned your Associate Degree from TCC! Time to celebrate!

NORTHEASTERN STATE UNIVERSITY – SEMESTER FIVE	
NSU Course	Credit Hours
H ED 2393 - Nutrition for Health/Sport	3
3 hours of HHP chosen option	3
3 hours of minor	3
3 hours of minor	3
3 hours of HHP chosen option	3
Semester Credit Hours at NSU:	15

NORTHEASTERN STATE UNIVERSITY – SEMESTER SIX	
NSU Course	Credit Hours
H ED 2412 - Drug Education	2
3 hours of HHP chosen option	3
H ED 4333 - Physiology of Exercise	3
H ED 4363 - Kinesiology	3
3 hours of minor	3
3 hours of minor	3
Semester Credit Hours at NSU:	17

NORTHEASTERN STATE UNIVERSITY – SEMESTER SEVEN	
NSU Course	Credit Hours
H ED 3313 - Psychosocial Aspects of Fitness and Wellness	3
H ED 4353 - Community Health	3
3 hours of HHP chosen option	3
3 hours of HHP chosen option	3
3 hours of minor	3
Semester Credit Hours at NSU:	15

NORTHEASTERN STATE UNIVERSITY – SEMESTER EIGHT	
NSU Course	Credit Hours
H ED 4403 - Physiology of Aging	3
H ED 4503 - Instrumentation in Exercise Physiology	3
3 hours of HHP chosen option	3
3 hours of minor	3
3 hours of HHP chosen option	3
Semester Credit Hours at NSU:	15

Congratulations you have earned your Bachelor's Degree from NSU! Time to celebrate!

TCC Milestones and Recommended Actions:

- Consider Summer Courses: Summer courses at TCC can help accelerate your time to transfer, and help you stay on track. Talk to your advisor about planning summer courses.
- **During or After Year One at TCC:** Consider a campus tour of Northeastern State University and connect with a NSU academic advisor, to ensure you are on track to transfer. Your TCC academic advisor can assist in planning these actions.

Accelerated B.S. Health and Human Performance: Fitness Management to M.S. Health and Sport Science: Sport Administration/Management Degree

Refer to the current Graduate Catalog for master's degree requirements.

IMPORTANT:

- Students admitted to the Accelerated B.S. Health and Human Performance: Fitness Management to M.S. Health and Sport Science: Sport Administration/Management degree program will complete up to 9 hours of graduate level credit to apply toward both the undergraduate and graduate degrees.
- Students may not receive credit toward both the undergraduate and the paired graduate-level course. A student completing an undergraduate course and the paired graduate-level course will only receive credit for one course toward the bachelor's degree.
- A minimum grade of C is required for all 5000 level graduate courses.
- Students who do not follow the approved degree plan may become ineligible to continue in the accelerated degree program.
- Prior to completing the undergraduate degree, if the undergraduate GPA, graduate GPA and/or overall GPA fall below a 3.00, the student becomes ineligible to continue in the ADP.
- Students may withdraw from an approved accelerated degree pathway. Graduate credit hours
 completed prior to the student withdrawing or becoming ineligible to continue in the ADP apply toward
 the undergraduate degree only.

B.S. Health and Human Performance: Fitness Management Option	M.S. Health and Sport Science: Sport Administration/Management Option
H ED 4213 Ethical and Legal Issues in Fitness and Wellness	H ED 5563 Legal and Ethical Issues in Health Education and Sport
H ED 4723 Fitness Facility Management	P ED 5333 Sports Facility Management
P ED 4313 Organization and Administration of PE and Recreation Programs	P ED 5373 Sport Administration

- **During Year Two at TCC:** During or right after semester three coursework, apply for admission at Northeastern State University as a transfer student (https://apply.nsuok.edu/).
- **Final Semester at TCC:** Congratulations you are about to earn your Associate Degree! Be sure to apply for graduation with your academic advisor (https://www.tulsacc.edu/student-resources/graduation).
- Transcripts: After your final semester, submit an official TCC transcript to NSU (www.tulsacc.edu/student-resources/student-records/requesting-and-submitting-transcripts).
- Reverse Transfer: Students who transfer to a university before completing an associate degree and who have earned at least 15 credit hours from TCC may be eligible to complete their TCC degree through Reverse Transfer. Email reversetransfer@tulsacc.edu to see if you qualify for a degree through the Reverse Transfer program (https://www.tulsacc.edu/student-resources/graduation/reverse-transfer).

Baccalaureate Degree Information:

- Students must complete 60 of 124 credit hours from a university (four-year school), excluding physical education courses.
- 30 credit hours are required from NSU.
- 40 credit hours must be junior and senior (3000/4000) level courses.
- At least 18 hours or 50% of the major, whichever is greater, must be from NSU; half the major must be upper level (3000/4000).
- English proficient (ENGL 1113 Composition & ENGL 1213 Composition II) with a C or better.
- Computer proficient.

Learn More About Programs in this Pathway:

- TCC A.S. Health, Human Performance & Physical Education https://www.tulsacc.edu/academics/programs-courses/health-human-performance-physical-education
- NSU B.S. Health & Human Performance -https://catalog.nsuok.edu/preview_program.php?catoid=34&poid=4479&returnto=2121

University Transfer Contact Information

University Transfer Office
Tulsa Community College
www.tulsacc.edu/transfer
Contact: tcc2university@tulsacc.edu

Transfer Student Services
Northeastern State University
https://www.nsuok.edu/Transfer
Contact: transfer2nsu@nsuok.edu